

## May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 Outfitting at Clubhouse	21	22	23
24/31	25	26 First Day of Team Practice 5:30-6:30 pm	27	28 Team Practice 5:30-6:30 pm	29	30

# June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> Team Practice 5:30-6:30 pm	<b>3</b>	<b>4</b> Team Practice 5:30-6:30 pm	<b>5</b>	<b>6</b> Time Trials @Home 7:30-9:30 am
<b>7</b>	<b>8</b>	<b>9</b> Team Practice 5:30-6:30 pm	<b>10</b>	<b>11</b> Team Practice 5:30-6:30 pm	<b>12</b>	<b>13</b> Rivercrest @Home
<b>14</b>	<b>15</b>	<b>16</b> Return to normal morning practice. Look at team page	<b>17</b> Stoneleigh @Home	<b>18</b>	<b>19</b> Fun Friday: Pj Day	<b>20</b> Lenah Mill @Home
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> @Lenah Run	<b>25</b>	<b>26</b> Fun Friday: Hat Day	<b>27</b> @Evergreen Meadows
<b>28</b>	<b>29</b>	<b>30</b>				

# July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> One Loudoun @Home	<b>2</b>	<b>3</b> No Practice	<b>4</b> 4th of July! League Bye Meet
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> Team Bye Meet	<b>9</b>	<b>10</b> Fun Friday: Disney Day	<b>11</b> @LV Estates
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Possible Meet Make-up Day	<b>16</b>	<b>17</b> Mini Meet!! Fun Friday: Tropical Day	<b>18</b> Divisionals!!
<b>19</b>	<b>20</b> All Star Practice TBD	<b>21</b> All Star Practice TBD	<b>22</b>	<b>23</b> All Star Practice TBD	<b>24</b> All Star Practice TBD	<b>25</b> All Stars!! End of Season Party @Home 6-8 pm
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

# Team Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 & Ups	8-9 am	8-9 am	Meet Day!	8-9 am	8-9 am	Meet Day!
8 & Unders	9 - 9:45am	9 - 9:45am	Meet Day!	9 - 9:45am	9 - 9:45am	Meet Day!

# Mini's Practice Schedule (Coming soon)

Monday	Tuesday	Wednesday	Thursday	Friday

	6/19	6/26	7/10	7/17
Fun Friday Themes + Treats	Pj Day + Pancakes	Hat Day + Hot Cocoa	Disney Day + Popcorn	Tropical Day + Popsicles
What does the theme look like?	Wear your comfiest, silliest, or favorite Pjs to the pool!	This can be a baseball hat, a snow hat, or a wacky hat!	You can be a princess, superhero, or the Mickey Mouse!	We want to see you vacation ready with hawaiian shirts and leis!